### Seizure First Aid: How To Help

- Note the time the seizure begins. The length of the seizure matters to first responders and doctors.
- Roll the person on their side to keep their airway clear and to prevent choking.
- Cushion the person's head.
- Loosen any tight neckwear, such as a tie or scarf.
- Protect the person by clearing the space around them to prevent them from coming into contact with any objects.
- If the person is a relative or close friend and you feel they are protected, consider capturing a video of the seizure to share with their neurologist, maintaining utmost privacy.
- Know the response plan for family and friends. This may include rescue medications for seizures that last longer than a specified duration.
- If the seizure lasts for more than 5 minutes, or if you're concerned for the person's safety, call 9-1-1.
- Stay with the person until they are fully reoriented.

#### **Questions For Your Care Team**

- What is the exact diagnosis?
- Is there a known cause for the seizures?
- What are the treatment options and what are some alternative approaches?
- What are common seizure precautions we should be aware of?
- What side effects can be expected with treatment, and how can they be managed?
- What kinds of tests do we need, and would more frequent testing help?
- Would brain imaging (such as MRI) be helpful?
- Should we see an epileptologist?
- What should we do in the event of a seizure at home or at school?
- Ask about seizures that occur during sleep.
- What types of devices exist that can alert a caregiver when seizure activity occurs?
- What should prompt a call between visits?
- Ask the provider to discuss the risks presented by epilepsy, including SUDEP.

I just can't believe we have found this type of kindness!

From our family to yours, thank you so much for all of your help.

- Melady, Tennessee



Please Go and Enjoy Your Life. Danny Did.



Visit us online: Dannydid.org



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PROTECTING PEOPLE WITH EPILEPSY



Nearly 3.5 million

Americans are diagnosed

with epilepsy.

In Danny Stanton's name,

we pledge to help.

Learn about our mission to prevent deaths caused by seizures at Dannydid.org



Granting seizure detection devices in all 50 states



**Elevating SUDEP Awareness** 



**Advocating Worldwide** 



**Educating All Ages** 

## **About Epilepsy**

Epilepsy is a neurological condition which affects the nervous system. Epilepsy can impact people of all ages and is defined by the occurrence of two or more unprovoked seizures. 1 in 26 Americans will develop epilepsy. For two-thirds of people with epilepsy, the cause is unknown.

# Danny Did: Who We Are

Founded by parents Mike and Mariann Stanton after the Sudden Unexpected Death in Epilepsy (SUDEP) of their son Danny at age 4, the Danny Did Foundation holds the mission to prevent deaths caused by seizures. According to the National Institutes of Health, SUDEP is the most common epilepsy-related cause of death.

The name of the Danny Did Foundation originates from the last line of Danny Stanton's obituary, written by his dad: "Please go and enjoy your life. Danny did." We celebrate Danny's spirit in every child and family we reach.



### What We Do

Our focus is to bridge the communication gap that often exists between healthcare providers and patients about all forms of epilepsy mortality, and specifically encouraging disclosure about the risk of SUDEP. We are a leading national resource for patient access to seizure alerting devices that prompt early intervention and first aid. In addition, we elevate public awareness of epilepsy and SUDEP; counsel and support families; educate students; honor lives lost; and engage the pipeline of technology innovators in the epilepsy space.

#### **How We Use Funds**

The Danny Did Foundation's spending directly supports our mission. We use our funds to:

- Provide grants for seizure alert devices for individuals and families who are facing financial limitations.
- Support initiatives to educate neurologists, epileptologists, and nurses about the importance of communicating the risks associated with epilepsy, including SUDEP.
- Sponsor and participate in conferences, expos, panels and other epilepsy/SUDEP-related events.
- Aggressively advance epilepsy and SUDEP awareness to reach all communities.
- Advance awareness about the most promising technologies and devices among people with epilepsy, caregivers and doctors. Visit Dannydid.org to review a list of these products.
- Provide patient-centered feedback to guide, encourage, and inspire startup device companies who are focused on epilepsy.

# **How You Can Help**

Are you interested in volunteering, fundraising, or otherwise supporting the Danny Did Foundation?



For a list of ideas on how you can help visit:

**Dannydid.org**